

Ett intressant fenomen som jag har stött på och lindrat med behandlingsmetoden ELT på Mastercare - Svenska hälsobänken är det så kallade "restless leg syndrome". Till följd av dessa resultat behöver jag inte längre skriva ut Quinamm eller andra kinin- eller käravidgande mediciner eftersom jag har lärt mig att detta syndrom egentligen är ett resultat av subklinisk neurovaskulär kompression och dess följder. När jag drabbades av detta besvär, vanligtvis på natten, gick jag upp och använde hälsobänken för att lindra symtomen och kunde därefter oftast sova mycket djupare och mer avslappnat. Efter att ha gjort detta flera gånger har jag upptäckt att jag inte längre har besvär. Sedan denna upptäckt har jag behandlat många patienter på samma sätt och har haft stor framgång.

En annan viktig sak som inträffar under inversion är en höjning av både det systoliska och diastoliska blodtrycket, som vanligtvis är i genomsnitt 20 mmHg för båda vid full inversion. Vid den maximala partiella inversionen på 20 grader som tillåts av Mastercare - Svenska Hälsobänken finner jag dock att den genomsnittliga höjningen är omkring 10 mmHG för båda. Ett intressant företeelse som betraktas som en fördröjd reaktion på behandlingen är en gradvis men tydlig sänkning av både det systoliska och diastoliska trycket. I mitt fall har jag inte längre något förhöjt blodtryck och tar inte längre någon medicin. Jag observerar för närvarande många patienter och har noterat en sänkning av blodtrycket hos många av dem. En analys av de fysiska effekterna av detta behandlingssystem kan inte annat än styrka denna eventuella effekt. Alla som är intresserade av att fortsätta denna utvärderingsstudie uppmanas att kontakta mig personligen. De sammantagna positiva effekterna av att använda detta behandlingssystem på en kontinuerlig basis tillsammans med osteopatisk manipulativ behandling befinner sig i sin begynnelsefas och väntar bara på att bli implementerade i den dagliga praktiken. Välkommen till framtidens medicin - tillgänglig för er redan i dag.

Jag är mycket angelägen om att dela med mig av mina personliga erfarenheter av detta behandlingssystem med hälsobänken från Mastercare och hoppas att jag kan leda er till en bredare förståelse för de resultat som kan uppnås med denna nya metod för osteopatisk fysisk medicin.

Vänligen ta denna fråga under noggrant övervägande. Det kommer att vara givande för dig personligen och för de människor som du hjälper.

Vänliga hälsningar,
Lloyd Smith
Läkare i osteopatisk medicin

*ELT = Elongation Training

SWEDE TRAC, INC.
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Dear Doctor,

If you had a chance to visit our exhibit at the PCOMS meeting or had the opportunity to experience the effects of the Swede Trac partial inversion therapy system then we thank you for your interest in this revolutionary device.

There were some questions raised by several different members of the osteopathic profession which we will address at this time.

The Swede Trac therapy bench is a mechanical traction device and therefore when used by a physician in his office as part of an office visit a separate billing for mechanical traction code 97012 can be billed. In addition since in the utilization of the bench therapeutic exercises are performed an additional code 97110 can also be billed to any third party insurance carrier. These are both acceptable procedures able to be billed in addition to an office visit and any manipulative procedures performed and in the case of Osteopathic manipulation the M codes can be used. We believe these circumstances can benefit the patients and the care provider and are efficacious in the management of many problems encountered in everyday practice. My practice bills \$30.00 for 97012 and \$25.00 for 97110. The diagnoses given always relate to a musculoskeletal problem and can vary depending upon the situations encountered.



An interesting phenomena I have encountered and alleviated with the Swede Trac therapy system is the so-called 'restless leg syndrome'. As a result of these results I no longer need to prescribe Quinamm or other quinine or vasodilator medication since as I have learned this syndrome is really a result of subclinical neurovascular compression and its sequelae. When I suffered with this problem, usually at night, I would get up use the therapy bench and relieve the symptoms and be able to sleep usually much deeper and more relaxed. After doing this multiple times I find I no longer have the problem. Since this revelation I have treated many patients in a like manner and had universal success.

Another significant event that occurs during inversion is an elevation of both systolic and diastolic blood pressure usually an average of 20mmHg for both at full inversion. However, at the maximum partial inversion of 30 degrees allowed by the Swede Trac unit I find the average rise to be approx 10mmHg for both. An interesting phenomena which I refer to as a delayed reaction to therapy is a gradual but definite reduction in both systolic and diastolic pressure. In my case I no longer have a blood pressure elevation and no longer take any medication. I am currently

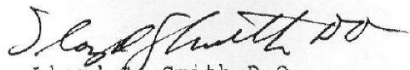
monitoring many patients and have noted a reduction in blood pressure in many. An analysis of the physical effects of this therapy system cannot but support this eventual effect. Anyone further interested in pursuing this evaluation study is encouraged to contact me personally. The totality of the beneficial effects of utilizing this therapy system on a continuing basis along with Osteopathic manipulative management is in its infancy and only awaits your implementation in everyday practice. Welcome to the medicine of the future - available to you and for you today.

I am most anxious to share with each of you my personal experiences in the utilization of this therapy system with the Swede Trac bench and hope I can lead you to a broader appreciation of the results able to be obtained with this new approach to the practice of Osteopathic physical medicine.

Please feel free to contact me with any questions. The price of this Swede Trac therapy bench is \$1295.00, delivered on a national basis. We consider this to be a prescribed durable medical equipment and therefore falls under the applicable sales tax law statutes of each particular State - nontaxable in CA. Swede Trac also has a provider # for Medicare in the State of Florida and is participating. The HCPCS code is E0941 - gravity assisted traction device, any type (modifier NU for new equipment). Medicare policy at this time does not pay for this code for anyone but it can be billed, receive an EOMB denial as not covered by the Medicare program and then billed along with the EOMB denial to a patient's supplemental carrier if any under the same code. It may also be rented and the modifier RR utilized (e.g. E0941 RR). We rent at \$200.00/month. As a further gesture of good will I wish to offer on a one time basis only to any Osteopathic physician only for his utilization of this bench the total price of \$1111.00 to represent that YOU are #1 in health care delivery with this method.

Please give this matter some serious consideration. It will be rewarding to you personally and to the people you serve.

Fraternally,


Lloyd C. Smith D.O.